

Geriatric and Adult Mental Health Specialty Team

EDUCATION OPPORTUNITIES 2020



Opportunities for quality education and support for professional staff, family caregivers and communities

Vaya Health's Geriatric and Adult Mental Health Specialty Team provides free, on-site education and support related to the behavioral health needs of older adults.

The team offers educational courses for professional caregiving staff, family caregivers, community members and organizations such as senior centers, Meals-on-Wheels programs and law enforcement and judicial system agencies. The team also provides support to agencies and family caregivers of individuals aged 60 and older who are experiencing mental health issues, substance use concerns, dementia or other emotional or behavioral challenges.

Geriatric Team services are offered at no cost to participants through Vaya and the state of North Carolina. The team includes registered nurses, licensed clinicians and qualified mental health professionals. The team's educational courses are evidence-informed and generally last one to two hours.

For professional caregivers, Geriatric Team classes offer contact hours approved by the N.C. Division of Health Service Regulation (DHRS).



VAYAHEALTH

EDUCATION OPPORTUNITIES 2020

CORE COMPETENCIES

A Rainbow of Mental Health: An Introduction

Anxiety: Calming the Anxious Mind

Bipolar Disorder and Extreme Mood Variation: Is There Stability?

Crisis Prevention: Keeping Your Cool Under Pressure

Dementia and Psychosis Behavior: What You Need to Know

Depression: From Surviving to Thriving

Enhancing Mental Health with Alternative Treatments

I'm Covered Up: What You Need to Know About Hoarding

Neurocognitive Disorders: Living with Dementia

OCD: Supporting People with Obsessions and Compulsions in an Adaptive Way

Overcoming Communication Barriers

Person (RE)ality: Why Mine is Different

Posttraumatic Stress Disorder: Invisible Scars

Schizophrenia and Psychosis: Can this be real?

Substance Use, Misuse and the Opioid Crisis

Suicide Indicators, Response and Prevention

PSYCHIATRIC MEDICATIONS

Antidepressants: Not Just for Depression

Commonly Misused Medications: Understanding Medication Side Effects on the Aging Brain

Coping with Anxiety: Medications and More

It's a Brain Thing: The Study of Dementia Medications

Keeping the Balance: Mood-Stabilizing Medications

The Impact of Chronic Medical Illnesses on the Brain

The Many Faces of Antipsychotic Medications

Contact Vaya's Geriatric Team today to discuss your education or support needs.

EMAIL:

Geriatric.Team@vayahealth.com

PHONE:

Call 1-800-893-6246 and ask to speak to a member of the Vaya Geriatric Team.

ELECTRONIC FAX:

Contact us via confidential e-fax at 1-877-355-2436.

Vaya Health's Geriatric and Adult Mental Health Specialty Team serves Alexander, Alleghany, Ashe, Avery, Buncombe, Burke, Caldwell, Catawba, Cherokee, Clay, Graham, Haywood, Henderson, Iredell, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Surry, Swain, Transylvania, Watauga, Wilkes, Yadkin and Yancey counties in North Carolina.

Vaya Health

200 Ridgefield Court, Suite 206
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Access to Care: 1-800-849-6127

24 hours a day, 7 days a week
TTY: Contact Relay NC at 711

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